

### September 2018

DATE	DAY	EVENT	TIME	LOCATION	DEPARTMENT	DEPARTMENT WEBSITE	CONTACT
Sep 4	Tues	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Sep 4	Tues	Library Literacy Workshop	12:50 - 1:50 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 4	Tues	ASMVC BBQ	12:50 - 1:50 pm & 4:30 - 6:30 pm	Lion's Den Patio Area	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 5	Wed	Careers and You	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Sep 5	Wed	Getting back on the Right Track for the New Semester	2:30 - 3 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 5	Wed	Library Literacy Workshop	3 - 4 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 6	Thurs	EAFSA/Dream Act Workshop	12:50 - 1:50 pm	Humanities #309	Student Financial Services	www.mvc.edu/services/sfs	Sandra Martinez (951) 571-6267
Sep 6	Thurs	Essential Couponing	12:50 - 1:50 pm	Student Academic Services 224	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Sep 7	Fri	Library Literacy Workshop	11am - Noon	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 10	Mon	Computer Savvy	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Sep 10	Mon	Library Literacy Workshop	6 - 7 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 11	Tues	9/11 Remembrance	9 am - 1:50 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 11	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 11	Tues	Job Search Strategies	12:50 - 1:50pm	Humanities #212	Career and Technical Education	www.mvctc.com/employment	Nikki Cook (951) 571-6907
Sep 11	Tues	Managing Anxiety and Depression	12 - 1 pm	Ben Clark Training Center	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Sep 12	Wed	Library Literacy Workshop	9 - 10 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 12	Wed	Umaja Porch Talk: What's Really Going On?	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Sep 12	Wed	Everybody Should Make Time for Time Management	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 13	Thurs	Managing Anxiety and Depression	12 - 2 pm	Lion's Den Patio	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Sep 13	Thurs	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Sep 13	Thurs	Library Literacy Workshop	6 - 7 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 14	Fri	Constitution Day Event	TBA	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 14	Fri	Library Literacy Workshop	2 - 3 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 17	Mon	What's New in Computer Technology?	1-2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Sep 17	Mon	Library Literacy Workshop	3 - 4 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 18	Tues	Stress Management (Eating on the Run)	11 am - Noon	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Sep 18	Tues	Immunization Awareness	Noon - 2 pm	Lion's Den Patio	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Sep 18	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 18	Tues	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Sep 18	Tues	Hispanic Heritage Celebration	12:50 - 1:50 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 18	Tues	Library Literacy Workshop	12:50 - 1:50 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 19	Wed	Do You Have A Mentor?	1-2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Sep 19	Wed	Motivation Kick Starter	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 20	Thurs	Library Literacy Workshop	4 - 5 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 20	Thurs	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 25	Tues	EAFSA/Dream Act Workshop	12:50 - 1:50 pm	Humanities #309	Student Financial Services	www.mvc.edu/services/sfs	Sandra Martinez (951) 571-6267
Sep 25	Tues	Writing Your Scholarship Success Essay #1	12:50 - 1:50 pm	Humanities #319	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Sep 25	Tues	Library Literacy Workshop	3 - 4 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 26	Wed	Fall Transfer Fair	10 am - 1 pm	Student Academic Services #121	Career & Transfer Center	www.mvc.edu/services/ctc	Carmen Perches (951) 571-6349
Sep 26	Wed	Library Literacy Workshop	10 - 11 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Sep 26	Wed	Club Rush	11 am - 2 pm & 4:30 - 6:30 pm	Coudoures Plaza	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 26	Wed	Nurturing Parenting (Ages & Stages)	12:50 - 1:50 pm	Humanities #212	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Sep 26	Wed	Everybody Should Make Time for Time Management	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Sep 27	Thurs	Club Rush	11 am - 2 pm & 4:30 - 6:30 pm	Coudoures Plaza	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Sep 27	Thurs	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Sep 27	Every Thurs	Lunch & Learn *Begins 9/13/18	12:30 - 2 pm	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154

### October 2018

DATE	DAY	EVENT	TIME	LOCATION	DEPARTMENT	DEPARTMENT WEBSITE	CONTACT
Oct 1	Mon	Business Etiquette	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Oct 2	Tues	Breast Cancer Awareness	Noon - 2 pm	Lion's Den Patio	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Oct 2	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 2	Tues	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Oct 2	Tues	Library Literacy Workshop	12:50 - 1:50 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 3	Wed	Study Skills from A-Z	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Oct 3	Wed	Motivation Kick Starter	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 3	Wed	Library Literacy Workshop	6 - 7 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 4	Thurs	Library Literacy Workshop	12:50 - 1:50 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 4	Thurs	Surviving the Holidays	12:50 - 1:50 pm	Student Academic Services 224	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 8	Mon	Library Literacy Workshop	9 - 10 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 9	Tues	Library Literacy Workshop	10 - 11 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 9	Tues	Flu Clinic Immunization Awareness	Noon - 1 pm	Ben Clark Training Center	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Oct 9	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 10	Wed	Blood Drive Sign-Ups	9 am - 2 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 10	Wed	Careers in Science & Technology	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Oct 10	Wed	Everybody Should Make Time for Time Management	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 11	Thurs	Blood Drive Sign-Ups	9am - 2 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 11	Thurs	Eating Disorders	Noon - 2 pm	Lion's Den Patio	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Oct 11	Every Thurs	Lunch & Learn	12:30 - 2 pm	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 11	Thurs	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Oct 12	Fri	Library Literacy Workshop	2 - 3 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 15	Mon	UC Transfer Workshop	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Oct 15	Mon	Library Literacy Workshop	6 - 7 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 16	Tues	Blood Drive	9 am - 2 pm	Student Academic Services #121	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 16	Tues	Blood Drive	9am - 3 pm	Lion's Den Patio	Student Health & Psychological Services	www.mvc.edu/services/hs	Sue Tarcon (951) 571-6103
Oct 16	Tues	Stress Management (How to Beat Procrastination)	11 am - Noon	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 16	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 16	Tues	Career Exploration Workshop (Medical Assisting & Dental)	12:50 - 1:50 pm	Humanities #327	Career & Technical Education	www.mvctc.com/employment	Nikki Cook (951) 571-6907
Oct 17	Wed	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Oct 17	Wed	Abilities Awareness Event	10 am - 2 pm	Lion's Den Patio	Disability Support Services	www.mvc.edu/services/dsps	Joe Gonzales (951) 571-6385
Oct 17	Wed	College Success Strategies	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/umaja	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Oct 17	Wed	Motivation Kick Starter	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 18	Thurs	EAFSA/Dream Act workshop	12:50 - 1:50 pm	Humanities #309	Student Financial Services	www.mvc.edu/services/sfs	Sandra Martinez (951) 571-6267
Oct 23	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 23	Tues	Library Literacy Workshop	12:50 - 1:50 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 23	Tues	Writing Your Scholarship Success Essay #2	12:50 - 1:50 pm	Humanities #319 (Computer Lab)	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 24	Wed	Library Literacy Workshop	9 - 10 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 24	Wed	Nurturing Parenting (Brain Development)	12:50 - 1:50 pm	Humanities #212	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 24	Wed	Everybody Should Make Time for Time Management	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 24 or 31	Wed	Career Spotlight on Nursing	2 - 4 pm	TBA	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Oct 25	Thurs	Pumpkin Carving Contest	12 - 2 pm	Lion's Den Patio Area	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 25	Thurs	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Oct 26	Fri	Library Literacy Workshop	10 - 11 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 26	Fri	Halloween Valley	5 - 8 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 29	Mon	Library Literacy Workshop	6 - 7 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Oct 30	Tues	Am I on Track to Maintain My Financial Aid?	12:50 - 1:20 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 30	Tues	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Oct 30	Tues	ASMVC Day BBQ	12:50 - 1:50 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 30	Tues	EAFSA/Dream Act workshop	12:50 - 1:50 pm	Humanities #309	Student Financial Services	www.mvc.edu/services/sfs	Sandra Martinez (951) 571-6267
Oct 31	Wed	Motivation Kick Starter	2 - 2:30 pm	Humanities #327	Counseling	www.mvc.edu/services/counseling	Karla Navarro (951) 571-6202
Oct 31	Wed	ASMVC Evening BBQ	4:30 - 6:30 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Oct 31	Every Thurs	Lunch & Learn *No workshop 10/4/18	12:30 - 2 pm	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154

### November 2018

DATE	DAY	EVENT	TIME	LOCATION	DEPARTMENT	DEPARTMENT WEBSITE	CONTACT
Nov 1	Thurs	Library Literacy Workshop	10 - 11 am	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Nov 1	Thurs	Day of the Dead	Noon - 2 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc.edu/services/asmv	Barbara Retana (951) 571-6170
Nov 1	Thurs	Creativity for Stress Management	12:30 - 2 pm	Parkside Complex 14A	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Nov 1	Thurs	Ask the Counselor	12:50 - 1:50 pm	Coudoures Plaza	Counseling	www.mvc.edu/services/counseling	Denita Moore (951) 571-6335
Nov 1	Thurs	Understanding Credit Reports & Scores	12:50 - 1:50 pm	Student Academic Services 224	CalWORKs	www.mvc.edu/services/cw	Nicole LeDuff (951) 571-6154
Nov 1	Thurs	UC Application Workshop	2 - 3 pm	Student Academic Services 224	Career & Transfer Center	www.mvc.edu/services/ctc	Carmen Perches (951) 571-6914
Nov 2	Fri	Library Literacy Workshop	2 - 3 pm	Library #205	Library	www.mvc.edu/library	Debbi Renfrow (951) 571-6344
Nov 5	Mon	How to Manage College and Life?	1 - 2 pm	Humanities #110	Umaja	www.mvc.edu/services/eops	Gertrude Lopez (951) 571-6949 Rajean Smith rajean.smith@mvc.edu
Nov 5	Mon	CSUSB EOP Information Session *Students must reserve a spot to participate	1 - 2 pm	Humanities #109	EOPS	www.mvc.edu/services/eops	Sandra Tapia (951) 571-6253
Nov 6	Tues	Native American Celebration	Noon - 2 pm	Lion's Den Patio	ASMVC (Student Activities)	www.mvc	