



16130 Lasselle Street
Moreno Valley, CA 92551



Community Resources

Crisis and Suicide Hotline

(951) 686-4357

Food Assistance Network

(800) 455-4942

Rape Crisis

(951) 686-7273

Housing and Homeless Shelters

(760) 863-2828

The Riverside Community College District complies with all federal and state rules and regulations and does not discriminate on the basis of ethnic group identification, national origin, religion, age, gender, gender identity, gender expression, race, color, ancestry, genetic information, sexual orientation, physical or mental disability, or any characteristic listed or defined in Section 11135 of the Government Code or any characteristic that is contained in the prohibition of hate crimes set forth in subdivision (1) of Section 422.6 of the California Penal Code, or any other status protected by law. This holds true for all students who are interested in participating in education programs and/or extracurricular school activities. Limited English speaking skills will not be a barrier to admission or participation in any programs. Harassment of any employee or student with regard to ethnic group identification, national origin, religion, age, gender, gender identity, gender expression, race, color, ancestry, genetic information, sexual orientation, physical or mental disability, or any characteristic listed or defined in Section 11135 of the Government Code or any characteristic that is contained in the prohibition of hate crimes set forth in subdivision (1) of Section 422.6 of the California Penal Code, or any other status protected by law is strictly prohibited. Inquiries regarding compliance, and/or grievance procedures may be directed to the District's Title IX Officer/Section 504/ADA Coordinator, Georgina Villasenor, 450 E. Alessandro Blvd., Riverside, CA 92508. (951) 222-8039.

Alternate formats for this material are available to individuals requiring disability accommodation. Please contact the office of Diversity, Equity and Compliance at (951) 222-8039.



Student Health & Psychological Services



Purpose

Student Health and Psychological Services (SHPS) is dedicated to assisting students achieve and maintain optimum physical, mental, and emotional health. We are committed to providing quality health care at a reasonable cost.

Services

The SHPS team is comprised of medical doctors, nurse practitioners, registered nurses, and mental health counselors who are trained to assist you in a professional and confidential manner.

Medical Services

- Consultation for health concerns
- Evaluation and treatment of injuries and short-term illnesses
- Prescriptions as needed
- X-ray referrals
- Physical examinations
- Emergency care for injuries on campus

Nursing Services

- Medical assessment, treatment or referral
- Medical resource information
- Health screening:
 - Vision/hearing
 - Blood pressure
 - Height/weight
 - Tuberculin skin testing
 - Immunization/status review

Other Services

- Laboratory testing
- Immunizations
- Free over-the-counter medications
- Community referrals
- Health literature
- Crisis Intervention Resource Team (CIRT)
<http://www.mvc.edu/services/hs/cit.cfm>

Counseling

Professional counseling is offered by licensed marriage and family therapists for concerns such as:

- Depression
- Anxiety
- Stress management
- Drugs & alcohol
- Self-esteem
- Building skills in relationships and parenting

Costs

SHPS is supported by the health fee paid at the time of registration. There is no charge to consult/visit the office staff, including medical doctors and nurse practitioners. There are, however, minimal fees for additional services such as lab tests, immunizations, prescription medications, and special program physicals.

Confidentiality

Your medical records and all discussions with the SHPS staff are completely confidential. Records are only released with written consent of the student, unless required by law.

Accident Reporting and Insurance

The health fee also supports insurance for accidents that occur during class activities. This insurance is secondary to any privately held insurance policy. It is the student's responsibility to immediately report any accident to the instructor and SHPS within 72 hours of incident.

Students interested in 24-hour coverage for non-college-related accidents or medical expenses due to illness may voluntarily enroll themselves and dependents in plans from various insurance companies. Brochures may be obtained in the SHPS office.

General Information

LOCATION:

Parkside Complex (PSC) 6

PHONE:

(951) 571-6103
FAX (951) 571-6266

HOURS:

Monday - Thursday: 8 am - 4 pm
Friday: 8 am - Noon
Summer and Winter hours differ and are posted yearly.

APPOINTMENTS:

Appointments with a physician, nurse practitioner or counselor may be made in person or by telephone. Walk-ins are seen as time permits.

ELIGIBILITY:

Health and psychological services are available to currently enrolled full- and part-time RCCD students.

RESOURCES:

Website <http://mvc.edu/services/hs/>
Facebook Like us today!
Suicide Prevention Lifeline 1 (800) 784-2433
www.suicidepreventionlifeline.org
Drug & Alcohol Referral Line 1 (800) 662-4357
www.samhsa.gov/treatment/index.aspx
Emergency Contraception 1 (888) NOT-2LATE
Contraception, STD's, ECP www.familypact.org
Eating Disorder Referrals 1 (800) 841-1315
edreferral.com

EMERGENCIES:

- Dial 911
- Campus Police (951) 222-8171