Active Minds Meeting

Meetings:
Tuesdays 12:50-1:50
Library room 124

Active Minds Registration Feedback

- Eduardo received an e-mail from the active minds people. They said they received the registration.
  
  Everything looks good, except a section in the constitution that we need to change. We need to
  remove/reword the section taking about money.

Kognito Training Overview

- Kognito training: completed by Ms. Pacheco, Eduardo, and Michelle
- They have agreed that it is worth promoting the Kognito training
- What can we do to promote?
  o Department meetings
  o Talk to faculty about extra credit
  o Give an incentive
  o Raffle in which one big gift can be given

ICC Meeting (Emely)

- Jan 24 ICC training: to train ICC reps on how the meeting works

Meeting dates for winter

- Tentative early winter meeting: January 14, at 12:15
- Tentative late winter meeting: February 4, at 12:15

Potential events

- Stress less week: March or April
  o Tentative Date: Second week of March
- Eating disorder awareness second week of February

Potential activities for stress less week
- Rent jumpers
- Adoptable pets
- Hike the mountain
  - Make it non stressful.
  - Plan the hike and try it out.
  - We can have fresh fruit by the trees at the park as well as water.
  - We can have two trails one easy one more challenging.

**Miscellaneous**

- Suggested: put agendas on website