Contract
- Evidence needed to show that we have been meeting and have been active during the spring.
- Send any info to Sue.

Website
- We now have a section in the MVC website specifically for Active Minds
  - [www.mvc.edu](http://www.mvc.edu) under Health Services

Events
1. Eating Disorder (Feb. 23-March 1)
   - Tentative date & time: February 25, 12:50-1:50pm
   - Sue: R2 will rent out the tables and chairs for the event
   - Diabetes health event will also be held at the same time as ours
2. National Stress Out Day
   - Tentative date and Time: March 18 12:50-1:50
   - We need to find Active Mind’s date for this event
3. Healthy Relationships
   - Date and time: April 24, 12-2pm
   - Tag-along with the health event

Brainstormed Ideas
- Nature walks with posts for stress relief
- Water balloon games

April Events (talk about it in Feb.)
- Day of Tolerance: April 3
- Spring Break: April 13-18
- Easter Egg Hunt: 4-6pm
  - Raffle?
  - Selling?
Service Hour Logs
- Keep track of all spring hours and make sure they are turned in on time

May Event (Stress Reduction)
- Tentative Date and time: May 22, 12-2pm
- Time Management
- Think of activities that will add life to Dan’s Event