



THIS LIST IS UPDATED THROUGHOUT THE SEMESTER...

WORKSHOP NAMES, DATES, TIMES, LOCATIONS MAY CHANGE AT ANY TIME.

CALWORKS/WORKFORCE PREPARATION



**Spring 2018
Workshops**
Feb. 12 – June 7th, 2018

FEBRUARY

WORKSHOP NAME	DATE	TIME	LOCATION
Nurturing Parenting (Alternatives to Spanking)	2/21/18 (Wed)	12:50-1:50pm	Humanities 322
Career Spotlight on Fire Science	2/28/18 (Wed)	1:00-3:00pm	Library 124

MARCH

WORKSHOP NAME	DATE	TIME	LOCATION
Surviving a Job Loss or Reduced Income	3/1/18 (Thurs)	12:50 - 1:50pm	Humanities #209
Career Spotlight on Social Work	3/20/18 (Tues)	1:00-3:00pm	Humanities #335
Nurturing Parenting (Dealing With Stress)	3/21/18 (Wed)	12:50-1:50pm	Humanities #322
! RESCHEDULED Creativity for Stress Management	3/29/18 (Thurs)	12:50-1:50pm	Parkside Complex 14A
Lunch & Learn	Every Thurs of month (except 1 st Thurs) *Begins March 8	12:30-2pm	Parkside Complex 14A/ Student Academic Services #303

Please pick up an updated list any time you come into the CalWORKS office or visit our website for current information. E-Mail blast invitations are also sent to all currently enrolled MVC students prior to each workshop with updated/current information. Please contact Nicole LeDuff if you have any questions!

CALWORKS

WORKFORCE PREPARATION

SPRING 2018 Workshops

APRIL

WORKSHOP NAME	DATE	TIME	LOCATION
Stress Management CANCELLED	4/3/18 (Tues)	11am-12pm Or 1-2pm	Parkside Complex 14A
Debt Management	4/5/18 (Thurs)	12:50 - 1:50 pm	Humanities #209
Nurturing Parenting: Philosophy & Practices	4/18/18 (Wed)	12:50-1:50pm	Humanities #322
Creativity for Stress Management	4/19/18 (Thurs)	12:30-2:00pm	Student Academic Services 101
Lunch & Learn	Every Thurs of month (except 4/5 & 4/12)	12:30-2pm	Parkside Complex 14A

MAY

2 Slots!
Choose
One

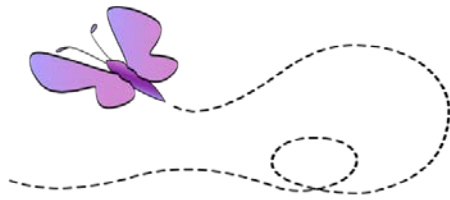


WORKSHOP NAME	DATE	TIME	LOCATION
The Wise Use of Credit	5/3/18 (Thurs)	12:50 - 1:50 pm	Humanities #209
Stress Management	5/7/18 (Mon)	11am-12pm Or 1-2pm	Parkside Complex 14A
Career Spotlight on Non- Traditional Careers for Women	5/16/18 (Wed)	1-3pm	Humanities #334
Nurturing Parenting: Ages and Stages	5/23/18 (Wed)	12:50-1:50pm	Humanities #322
Lunch & Learn	Every Thurs of month (except 1 st Thurs) *ends 5/24	12:30-2pm	Parkside Complex 14A

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WORKFORCE PREPARATION

SPRING 2018 Workshops



JUNE

2 Slots!
Choose
One



WORKSHOP NAME	DATE	TIME	LOCATION
Stress Management	6/5/18 (Tues)	11am-12pm Or 1-2pm	Parkside Complex 14A
Graduation & Beyond	6/7/18 (Thurs)	2:30-4pm	Humanities #234

CONTACT:

Nicole LeDuff

Humanities 233-B

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*** \$25 GAS CARDS ARE GIVEN FOR TRANSPORTATION ASSISTANCE FOR ATTENDING A WORKSHOP (DISCLAIMER):**

Currently enrolled MVC CalWORKS students with current proof of Cash Aid for Self and have an Unmet Financial Need may receive a \$25 Gas Card for attending a workshop. You may earn up to three (3) Gas Cards per semester for workshop attendance. *You must have current proof of Cash Aid for Self for CURRENT SEMESTER, on file in the CalWORKS office and must be currently enrolled in classes.* **Eligible Students, please sign up 1 week ahead of time to receive your Gas Card at the workshop. Otherwise, please allow 1 week after date of workshop to receive your Gas Card. Please inquire with Nicole LeDuff.**

