

COMPREHENSIVE INSTRUCTIONAL PROGRAM REVIEW

**Kinesiology Department
Moreno Valley College
Academic Year 2012-2013**



Web Resources:

<http://www.rccd.edu/administration/educationalservices/ieffectiveness/Pages/ProgramReview.aspx>

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**COMPREHENSIVE PROGRAM REVIEW
KINESIOLOGY DEPARTMENT
2012-2013**

A. Mission and Relationship to the College(s)

The kinesiology discipline clearly serves the mission of Moreno Valley College by providing instruction and programs designed to meet the needs of transfer, occupational, technical, and under-prepared students.

The mission of Moreno Valley College reads as follows:

“Responsive to the educational needs of its region, Moreno Valley College offers academic programs and student support services which include baccalaureate transfer, professional, pre- professional, and pre-collegiate curricula for all who can benefit from them. Life-long learning opportunities are provided, especially, in health and public service preparation.”

The mission of the kinesiology discipline reads as follows:

“The mission of the kinesiology discipline at Moreno Valley College is to provide students with an accessible and comprehensive program that promotes student success, health and wellness, and lifelong learning. The kinesiology discipline will prepare students with the concepts and skills needed to develop and maintain lifetime fitness and wellness, and the techniques needed to ensure student success during the pursuit of educational goals. The kinesiology discipline continues to align itself with the District’s missions, visions and strategic goals. The kinesiology discipline provides an instructional program of the highest standard that is designed to meet the needs of the transfer, pre-professional, career and occupational students.”

B. History

When the Moreno Valley campus opened, the discipline was encouraged to grow in order to support the educational needs of an increasing population in the local community. There were no physical education facilities on campus, so courses were offered that could be held without facilities or were held at facilities off campus. Walking for Fitness and Beach Volleyball were offered on campus (the beach volleyball courts have since been removed). Physical Fitness and Karate were held at off campus facilities. The Multipurpose Building was built in the early 2000’s, allowing Karate, Yoga, Step Aerobics, Body Sculpting, and Table Tennis classes to be held on campus. Prior to drastic reductions in classes, the Multipurpose Building was booked from morning to night Monday through Thursday. Historically, the Riverside Community College District Physical Education discipline has offered an extremely wide variety of activity classes and continually created new courses and curriculum to meet the needs of all students. Faculty from Moreno Valley College, Norco College, and Riverside City College communicate,

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either in periodic meetings or via email, regarding curriculum offerings at each college, discuss courses that can be offered at individual campuses based upon the unique location of each campus, and courses necessary to complete the Exercise, Sports, and Wellness degree or certificate.

Faculty: We have only had one full-time tenured faculty since 1999 and have relied on the expertise of dedicated adjunct faculty to teach the remaining course sections.

Course offerings: Growth in course section offering was consistent, averaging 10% to 25% from 1991 through 2005. From 2005 to 2011, our growth rate has tapered down because of the recent statewide budget reductions. We have been reducing sections to meet our budget limitations.

Goals: The kinesiology discipline has four major goals:

1. Restore classes that have been cut from the schedule due to budget issues.
2. Add additional courses including bicycling, tennis and golf.
3. Once the cut courses are incorporated back into the schedule, hire an additional full time tenure track kinesiology instructor.
4. Build a Health and Wellness Center at our college.

C. Data Analysis and Environmental Scan

Total Enrollments from Summer 2009 to Spring 2012

	Su 2009	F 2009	W 2010	Sp 2010	Su 2010	F 2010	W 2011	Sp 2011	Su 2011	F 2011	W 2012	Sp 2012
KIN 4	32	102	0	87	27	49	0	51	0	65	0	48
KIN 30	49	79	23	99	28	47	22	48	24	48	22	47
KIN 35	0	39	0	35	0	0	0	29	0	0	0	32
KIN A11	0	0	0	37	0	0	0	0	0	0	0	0
KIN A12	0	0	0	34	0	0	0	0	0	0	0	0
KIN A40	65	134	27	100	35	67	31	65	36	66	0	59
KIN A41	65	133	27	98	35	62	0	62	36	61	0	57
KIN A46	27	70	23	115	0	41	0	41	0	40	0	38
KIN A64	28	30	33	30	0	40	0	43	0	38	0	42
KIN A75	28	62	22	97	36	144	38	136	59	190	0	91
KIN A81	56	200	66	132	32	157	39	173	41	182	38	179
KIN A86	36	71	65	35	0	40	0	38	0	40	0	35
KIN A87	0	38	0	37	0	0	0	0	0	0	0	0
KIN A89	0	34	0	79	0	34	0	42	0	44	0	38

Success Rates and Retention Rates

	Fall 2011		Win 2012	
	R	S	R	S
KIN 4	90.77%	83.08%	NA	NA
KIN 30	97.92%	93.75%	100.00%	100.00%
KIN A40	86.00%	78.00%	NA	NA
KIN A41	94.12%	94.12%	NA	NA
KIN A46	80.00%	74.50%	NA	NA
KIN A64	94.74%	86.84%	NA	NA
KIN A75	84.74%	80.53%	NA	NA
KIN A81	87.91%	83.52%	97.37%	97.37%
KIN A86	90.00%	80.00%	NA	NA
KIN A89	86.36%	79.55%	NA	NA

The data for both retention and success rates were only available for Fall 2011 and Winter 2012 semesters. That is the reason for listing only two semesters above in the table. For the Fall semester 2011, the kinesiology discipline is averaging an 83.38% success rate for all of its courses. In the Winter 2012, kinesiology only offered two courses, KIN 30 and KIN A81. We definitely need to expand our course offerings in the future to keep up with the demand of kinesiology courses from students.

D. Programs and Curriculum

Course number	Title of Course	Date CORs last revised	Assessment Project
KIN 4	Nutrition	4/19/2011	Yes
KIN 30	First Aid and CPR	4/19/2011	Yes
KIN 35	Foundation for Fitness and Wellness	4/19/2011	Yes
KIN A40	Karate, Beginning	4/19/2011	Yes
KIN A41	Karate, Intermediate	4/19/2011	Yes
KIN A46	Hatha Yoga, Beginning	4/19/2011	Yes
KIN A64	Soccer	4/19/2011	No
KIN A75	Walking for Fitness	4/19/2011	Yes
KIN A81	Physical Fitness	4/19/2011	Yes

KIN A86	Step Aerobics, Beginning	4/19/2011	Yes
KIN A87	Step Aerobics, Intermediate	4/19/2011	NA
KIN A89	Body Sculpting	4/19/2011	NA

E. Student Learning Outcomes Assessment

Kinesiology faculty, both full and part-time, have been very active in supporting the concept of assessment for improving instruction by completing assessment projects focusing on one of the SLOs from the course outline of record.

At the time of writing this document, an assessment cycle has been completed for the following courses:

Course number	Title of Course	Direct Assessment Date	SLOs Assessed (list numbers from CORs)	Direct Assessment Method	Assessment Cycle
KIN 4	Nutrition	Spring 2012	1,2	Online survey, tests	ongoing
KIN 30	First Aid and CPR	Spring 2012	1,2	Online survey, tests	ongoing
KIN 35	Foundation for Fitness and Wellness	Spring 2012	1,2	Online survey, tests	ongoing
KIN A40	Karate, Beginning	Spring 2012	1,2	Online survey, tests	ongoing
KIN A41	Karate, Intermediate	Spring 2012	1,2	Online survey, tests	ongoing
KIN A46	Hatha Yoga, Beginning	Spring 2012	1,2	Online survey	ongoing
KIN A64	Soccer				
KIN A75	Walking for Fitness	Spring 2012	1,2	Online survey	ongoing
KIN A81	Physical Fitness	Spring 2012	1,2	Online survey, tests	ongoing
KIN A86	Step Aerobics, Beginning	Spring 2012	1,2	Online survey	ongoing
KIN A87	Step Aerobics, Intermediate				
KIN A89	Body Sculpting	Spring 2012	1,2	Online survey	ongoing

The assessment projects for all the courses offered by the kinesiology discipline at Moreno Valley College have been completed and are available online at www.mvcsp.com/loa

F. Collaboration with Other Units Including Instructional, Student Services or Administrative Units (Internal)

(none at this time)

G. Outreach Activities

(none at this time)

H. Long Term Major Resource Planning

The kinesiology discipline's most immediate need in the next four years is the hiring of at least one more full-time, tenure-track kinesiology instructor. Since 1999, the kinesiology discipline has operated with only one full-time, tenured faculty member. The department relies on the dedicated, hardworking adjunct faculty members to teach the remainder of the courses.

I. Summary

The Moreno Valley College kinesiology disciplines met throughout the Spring 2010 to develop a plan for a Health and Wellness Center at our college. This plan included multipurpose rooms for activities such as step aerobics, yoga, karate, dance, and other activity courses that could be offered. The plan also included two full-size gymnasiums for athletic sports such as basketball and volleyball. Classrooms for lectures and teaching first aid and CPR, wellness and health, and nutrition classes were also included in the plan. Office spaces, a lobby and snack bar would make this building more than only a gymnasium for conducting kinesiology classes. Student activities would be able to utilize the space and rooms for hosting activities that required more room than what we currently have.

The health and wellness center needs to be a higher on the priority building list, on the Educational Master Plan, and construction needs to start soon. Moreno Valley College cannot have athletic team sports without this facility.

In summary, the kinesiology discipline has four major goals:

1. Restore classes that have been cut from the schedule due to budget issues.
2. Add additional courses including bicycling, tennis and golf.

3. Once the cut courses are incorporated back into the schedule, hire an additional full-time, tenure track kinesiology instructor.
4. Build a Health and Wellness Center at our college.

J. Recommendations to the Program Review Committee

(none at this time)